

# Saltzer Surgical Center COVID Pre-procedure Instructions

## Before your procedure, please do the following:

1. Two weeks before your procedure, avoid out-of-state travel, sick individuals, crowds, bars, and communal living spaces (for example, nursing homes). Follow recommended guidelines for wearing masks and keeping your distance from others.
2. If you have not had a COVID vaccine, a COVID test will be coordinated by your Saltzer physician's office and must be performed within 3 days of your scheduled procedure. If we do not have a documented negative COVID test or COVID vaccination for you when you arrive at Saltzer Surgery Center, your surgery will be canceled or delayed until we verify a negative test or vaccination. There are some unusual instances where a vaccinated person will require testing.
3. Walk in COVID testing can be done any at Saltzer Urgent Care. Saltzer Urgent Care COVID results will be sent to the Saltzer Surgery Center. If you decide to have your COVID test somewhere else, please be aware that in some locations it takes longer than 3 days to get your COVID results. See below for a list of locations and times of Saltzer Urgent Care facilities.
4. Immediately after having your pre-procedure COVID test, until the time of your procedure:
  - a. Wear a well-fitting mask in public and indoor settings.
  - b. Limit social gatherings.
  - c. Keep 6 feet of distance between yourself and anyone who doesn't live with you.
  - d. Notify the doctor if you have been around anyone who is sick or if you develop any of these symptoms before your procedure: – Temperature greater than 100.4 °F (38 °C) – Cough – Shortness of breath – New body aches – Diminished sense of smell or taste.
5. Both you and the person with you should come wearing a face covering or mask (mouth and nose covered).

**Please contact us right away if you have any questions or concerns before the day of your procedure. The Saltzer Surgery Center Pre-Admission phone number is 208-960-0860.**

## **Saltzer Health Urgent Care Locations:**

For all Saltzer Urgent Care locations call **208-463-3000**

### **North Meridian**

6357 N. Fox Run Way  
Meridian, ID 83646

### **South Meridian**

2840 S. Meridian Road  
Meridian, ID 83642

### **Ten Mile, Meridian**

867 S. Vanguard Way  
Meridian, ID 83642

### **Caldwell**

512 E. Elm Street  
Caldwell, ID 83605

### **South Nampa**

215 E. Hawaii Ave  
Nampa ID 83686

### **North Nampa**

9850 W. St. Luke's Drive  
Nampa ID 83687

### **East Boise**

3077 E. Barber Valley Drive  
Boise, ID 83716

### **Meridian Portico**

3277 E. Louise Drive, Suite 200  
Meridian, ID 83642